

SUTHERLAND LODGE SURGERY

PRE-HOLIDAY TRAVEL PLANNER

PLEASE COMPLETE THIS FORM AND HAND BACK TO RECEPTION **NO LESS THAN 6 WEEKS PRIOR TO TRAVEL**

This will enable the Practice Nurse to prepare a Travel Planner for you. Please be as specific as possible about the areas of the country/countries you are visiting. This is particularly important in countries where Malaria is present.

THERE IS A £5 ADMINISTRATION CHARGE FOR THIS SERVICE

Country/Destination

Style

Duration

Hotel/Backpack/Safari/Cruise etc

DEPARTURE DATE:-

NAME/S OF PERSONS TRAVELLING:-

D.O.B:-

ADDRESS:-

Medical Conditions and Regular Medications:-

Please advise if you are pregnant or planning to become pregnant in the next 6 months:-

Please bring any previous vaccination record cards you have when you attend for your appointment

Please telephone the Surgery on Tel: 351351 about 48hours after you have returned this form and our receptionists will be able to advise you of any immunisations you require for travelling and if Anti-Malaria medication will be required. An appointment will be made with the Nurse if needed.